

WEEKLY CALENDAR

TIME	MON	TUE	WED	THU	FRI	TIME	SAT	SUN
06.00	GI - SPARRING		GI - SPARRING		GI - SPARRING	09.30	KIDS BJJ LEVEL 2	
05.45		KIDS BJJ		KIDS BJJ		10.00	GI - INTERMEDIATE	
06.00	NOGI 101		NOGI 101			11.00	GI	OPEN MAT
06.30		GI		GI	OPEN MAT			
06.45	NOGI		NOGI - WRESTLING					
07.30	GI NOGI INTERMEDIATE	BJJ 101 GI INTERMEDIATE	GI NOGI INTERMEDIATE	BJJ 101 GI INTERMEDIATE				
08.30		GI MASTERS		GI MASTERS				